

**Formal Dress Code Guidelines for Girls**  
**(Formal events)**

## **Formal Dress Code Guidelines for Girls (all Formal events)**

**At TRA, we try not to focus on external matters only, but rather on the internal matters of the heart. Dress is an important practical expression of the inner life of young people. As Paul suggests in 1 Timothy 2:9, external clothing reveals the internal condition of the heart: Women should adorn themselves in respectable apparel, with modesty and self-control . . . with what is proper for women who profess Godliness.**

**Note the connection between respectable/modest apparel and self-control/Godliness. We believe modest apparel is the expression of a Godly heart. Or to put it another way—what you choose to wear is a public statement of the inner motivations of your heart. We want all our students to dress in a way that expresses an inner purity of heart. Modesty includes avoiding clothing that is sexually enticing, as well as clothing that draws undue attention to oneself.**

**Gentlemen are expected to wear a suit and tie or a tuxedo to formal events.**

**Ladies, as you set out to select a dress for any Formal, we ask you and your parents to consider a few questions: Will the dress draw undue attention to a specific part of the body? Will this dress cause brothers in Christ to stumble? Am I going to be able to act naturally and have a good time around a dinner table or on a dance floor in a mixed group for an entire evening without being self-conscious?**

- **Nothing shorter than 3” above knee at it’s shortest point (slits included)**
- **No showing of midriff**
- **No cleavage (Keep modesty in mind, please!)**
- **Backless dresses cannot fall below the natural waist-line**
- **With arms at sides, skin should not touch skin**
- **No cut-outs should be present in the bodice of the dress**
- **Any sheer sections showing skin in any of these areas is not permitted.**
- **No cover-ups will be allowed over anything that is deemed inappropriate at the event.**

**DRESS APPROVAL:** In an effort to avoid an awkward and upsetting situation at any Formal event, we ask that each girl get approval by one of two methods.

1. **Girls may make pictures of themselves wearing the dress: front, back, and side. These pictures should be sent to Mrs. Hopper through email at [mhopper@rebelmail.net](mailto:mhopper@rebelmail.net) or text message at 731-446-3475.**
2. **Bring in and try on their dress for prior approval. This will need to be setup with Mrs. Hopper. Available times are usually on school days at 7:30 am or 3:00 pm.**

**All pictures will be collected and put in a database that will be used upon entrance to the event.**

**The sole purpose of the review is to ensure that each dress meets the guidelines of the school, and mothers are welcome to attend the pre-approval. Please plan ahead so that if alterations are required you have time to make changes and get your final dress approval. Girls must report to Mrs. Hopper and may only be approved through that member of the staff. Failure to have attire pre-approved, failure to wear pre-approved dresses, or attempts to alter dresses after approval will result in your not being permitted to stay at/enter the event.**

*All dresses, including those worn by students who do not currently attend TRA, must be pre-approved by a designated deadline for that event.*

# Acceptable Dresses



# Acceptable Dresses



# Acceptable Dresses



# Acceptable Dresses





# Acceptable Dresses



# Acceptable Dresses



# Acceptable Dresses



# Acceptable Dresses



# Unacceptable Dresses



Exposed Midriff



Cleavage



Cleavage



Exposed Midriff,  
Cleavage, slit too high

# Unacceptable Dresses



Exposed Midriff,  
Cleavage



Cleavage



Slit too high



Exposed Midriff

# Unacceptable Dresses



Cleavage



Cleavage



Back too low



Too Revealing.

# Unacceptable Dresses



Cleavage



Slit too high



Cleavage, Midriff,  
Slit too high



Cleavage, Exposed  
Midriff



# Unacceptable Dresses



Cleavage



Cleavage, Slit too high



Cleavage



Cleavage

# Unacceptable Dresses



Too Short, Cleavage



Cleavage



Cleavage



Low back, too short

# Unacceptable Dresses



Too Short, Cleavage



Too Revealing.



Cleavage

## Committee Members for Approval:

Mrs. Hopper, Mrs. Watson,  
Mrs. Glass, and Mrs. Fisher

*Note: If you would like to appeal a decision made by the above committee, you will need to see Mr. Hooker.*

Remember that a modest appearance reflects a Godly heart. We all want each individual to enjoy the occasion with no regrets.

